

Table of Contents

Introduction	1
Prologue	3
Chapter 1 – How Motorcycling Empowers Us	7
Chapter 2 – Perceptions on Power	17
Debbie Evans Leavitt	24
Lise Grenier	29
Toni Sharpless	32
Madeleine Marques	37
Juanita Losch-Finlan	41
Nancy Irwin	45
Holly Ralph	48
Chapter 3 – Chariots of Change	51
Andrea Tillmann	58
Judith Eden	61
Diane Ortiz	64
Lois Pryce	68
Chantal Cournoyer	71
Cheryl Stewart	74
Chapter 4 – Getting Past Go	79
Patti Pepin	85
Jolene Mosca	89
Cathy Walter	93
Teresa Vincent	96
Hazel Carson	99
Mary Barry	102
Chapter 5 – Dealing With the Unexpected	107
Sue Cannell	111
Roxie Malone	114
Kate Insley	118
Elizabeth Bokfi	122
Catherine Swift	126
Chapter 6 – Connecting With Spirit	129
Laura Culic	133
Kersty Franklin	136
Meg Thorburn	140
Kelly Patterson McGrath	147
Ila Sissons	151

Chapter 7 – Discovering and Using Your Power	155
Carla King	159
Tigra Tsujikawa	164
Kellee Irwin	167
Catherine Nadeau	170
Oksana Buhel	173
Jennifer Robertson	177
Shelly Glover	181
Chapter 8 – Leading With Your Heart	185
Doris Maron	191
Woody Woodward	195
Lesley Gering	199
Barbara Wynd	204
Chapter 9 – Sharing the Legacy	207
Sue Slate	212
Stefy Bau	217
Gwen Roberts	221
Yolanda Tesselaar	225
Chapter 10 – Riding Your Own Ride	229
Leslie Porterfield	235
Deb Grey	239
Audrey Alexandre	243
Genevieve Schmitt	246
Rebecca Herwick	250
The Last Word	255
Bibliography	257